

SARVEPALLI RADHAKRISHNAN UNIVERSITY, BHOPAL



Master of Arts (MA) Psychology

Syllabus & Scheme

Master of Arts (Psychology)
Scheme
Semester - I

No	Subject Code	Subject Title	Marks Allotted						
			Assignment Marks		Theory Marks		Practical Marks		Total Marks
			Max	Min	Max	Min	Max	Min	
1	MPY-101	Cognitive Processes-I	20	8	80	32	-	-	100
2	MPY-102	Research Methods & Statistics-I	20	8	80	32	-	-	100
3	MPY-103	Psychopathology – I	20	8	80	32	-	-	100
4	MPY-104	Life Span Development -I	20	8	80	32	-	-	100
5	MPY-105	Lab Work -I	-	-	-	-	50	20	50
6	MPY-106	Lab Work -II	-	-	-	-	50	20	50
Total			80	32	320	128	100	40	500

Semester - I

Course	Branch	Subject	Subject Code
MA	Psychology	Cognitive Processes-I	MPY-101

Unit-I

Cognitive approach and cognitive psychology :

Origin and current status of psychology, information processing approach.

Unit-II

Attention Process:

Basic determinants, selective attention and its theories, divided attention and resources allocation Biological basis.

Unit-III

Perceptual Process:

Perception Nature and Determinants. Bottom up and down approaches. Pattern recognition; Picture Perception. Depth Perception. Distance and Movement Perception.

Unit-IV

Imagery:

Cognitive Maps – Characteristics of images relation, size, shape, Neuro-Physiological evidence and Controversy, cognitive maps: Distance shape and relative position.

Unit-V

Decision Making:

Algorithm and Heuristics representative, availability anchoring and adjustment. The framing effect and over confidence in decision.

Recommendation Books-

1. Galotti, K.M.(1999) cognitive psychology in and outside laboratory, Mumbai: Thomson Asia
2. Matlin, Margaret W. (1995) cognitive (IIIed). Prism Books Pvt. Bangalore
3. Reed Stephen K. (1998) cognition : Theory and application (IIIed). Pacific Grove, California: Brooks/ Cole publication company.
4. Hewes. Mary B. (1990) The psychology of human cognition New York : Pargamon press. Snodgrass, Berger and Haydon (1985) Human experimental psychology New Delhi: Oxford University Press

Semester – I

Course	Branch	Subject	Subject Code
MA	Psychology	Research Methods & Statistics-I	MPY -102

Unit-I

Nature of Research:

The scientific approach problem, Hypothesis, Variables- Types.

Unit-II

Techniques of data collection:

Observation, questionnaire, interview, content analysis.

Unit-III

Sampling:

Meaning types and methods of sampling errors Null Hypothesis type I & II error, level, of significance.

Unit-IV

Correlation:

Product moment method (grouped and unground data) Biserial and tetrachoric correlation partial correlation.

Unit-V

Significance: difference between means correlated and uncorrelated and uncorrelated sample testing hypothesis- chi square.

Recommendation Readings-

1. Broota, K.D. (1992) Experimental design in psychology research, New Delhi- Wiley eastern.
2. Edwards A.K. (1976) Experimental design in psychology research, New York Halt.
3. Mcguigan, F.J. (1990) Experimental psychology methods of research New Delhi Prentice hall .
4. Keri linger, F.N. (1990) foundation of Behavioural research New Delhi Surjeet.
5. Singh, A.K. () Manovigyan samajshstra tatha shiksha me south vidhiya Kapil H.K. Anusandhan Vidhiyan.

Semester – I

Course	Branch	Subject	Subject Code
MA	Psychology	Psychopathology – I	MPY -103

Unit-I

Normality and Abnormality:

Concept of normality and abnormality classification of mental disorders: DSM IV & ICD- 10

Unit-II

Introduction to models of psychopathology:

Psychosocial models of psychopathology: Psychodynamic, Behavioural, Cognitive, Humanistic and Existential.

Unit-III

Anxiety Disorders:

Panic disorders, phobic disorders, obsessive compulsive disorder, Generalized Anxiety disorders and PTSD (Earthquake, storm etc. & life events)

Unit-IV

Somatoform Disorders:

Hypochondriasis, Pain disorders, body dysmorphic disorder, conversion & dissociative disorder.

Unit-V

Schizophrenia: Delusional disorder, Brief psychotic disorder.

Mood disorders: Manic episode, Depressive episode, Bipolar affective disorder.

Books Recommended-

1. Adams H.E. & Sutkar, : F.G. (E.D.) (1994) Comprehensive Handbook of psychopathology. New York Plenum press
2. Buss A.H. (1986) : Psychopathology, London: Wiley
3. Coleman J.C. (1988) : Abnormal Psychology & Modern Life.
4. Friedman & Kaplan : Text Book of Psychiatry.
5. Kisker : Disorganized personality.
6. Maslow & Mittleman : Principles of Abnormal Psychology
7. Cameron : Personality Development & Psychopathology
8. Verma S.K. (1988) : Mental illness and treatment.
9. J. Pandey : Psychology in India : The state of the art (Vol. III)New Delhi sage.

Master of Arts (Psychology)
Semester – I

Course	Branch	Subject	Subject Code
MA	Psychology	Life Span Development -I	MPY -104

Unit-I

Nature, Principles and theories of development, issues and controversies.

Unit-II

Heredity and Environment – Meaning, Detriments, effects and relative importance.

Unit-III

Methods of studying development, observational, correlational, and Experimental research, Longitudinal and cross- sectional & cross cultural research.

Unit-IV

Physical and Motor development : Importance, stages and patterns.

Unit-V

Language development, Nature and theories stages of development speech forms of communication determinants of language development.

Books Recommended-

1. Adams H.E. & Sutkar, : F.G. (E.D.) (1994) Comprehensive Handbook of psychopathology. New York Plenum press
2. Buss A.H. (1986) : Psychopathology, London: Wiley
3. Coleman J.C. (1988) : Abnormal Psychology & Modern Life.
4. Friedman & Kaplan : Text Book of Psychiatry.
5. Kisker : Disorganized personality.
6. Maslow & Mittleman : Principles of Abnormal Psychology
7. Cameron : Personality Development & Psychopathology
8. Verma S.K. (1988) : Mental illness and treatment.
9. J. Pandey : Psychology in India : The state of the art (Vol. III)New Delhi sage.

Semester – II

No	Subject Code	Subject Title	Marks Allotted						
			Assignment Marks		Theory Marks		Practical Marks		Total Marks
			Max	Min	Max	Min	Max	Min	
1	MPY-201	Cognitive Processes-II	20	8	80	32	-	-	100
2	MPY-202	Research Methods & Statistics-II	20	8	80	32	-	-	100
3	MPY-203	Psychopathology – II	20	8	80	32	-	-	100
4	MPY-204	Life Span Development -II	20	8	80	32	-	-	100
5	MPY-205	Lab Work-I	-	-	-	-	50	20	50
6	MPY-206	Lab Work-II	-	-	-	-	50	20	50
Total			80	32	320	128	100	40	500

Semester – II

Course	Branch	Subject	Subject Code
MA	Psychology	Cognitive Processes-II	MPY -201

Unit-I

Memory :

Sensory Memory : Iconic and Echoic Memories – Measures and empirical features short term memory : Methodology size codes, Long terms memory. Kinds.

Unit-II

Memory : Models:

Structure and levels of processing models: Tulving's episodic. Semantic and procedural models McClellands PDP approach.

Unit-III

Semantic Memory:

Nature Methodology and structure. Models of semantic memory: Feature comparison model and network models.

Unit-IV

Concept Formation :

Well-defined concepts – features and rules; Empirical determinants and selection strategies. III defined concepts (Natural categories) : Empirical characteristics and models Exemplar and Prototype models.

Unit-V

Meta Memory:

Meta cognition; tip of the tongue phenomenon. Mood and memory, Eyewitness, testimony memory improvement family resemblance schemas in relation to memory.

Books Recommended –

1. Galotti, K.M. (1999) cognitive psychology in and outside laboratory, Mumbai Thomson Asia.
2. Matlin Margaret W. (1995) cognitive (IIIed) Prism Books Pvt. Banglore.
3. Reed Stephen K. (1998) Cognitive : Theory and application (IIIed) Pacific Grove California Brooks/Code Publishing company.
4. Hewes. Mary B. (1990) The psychology of human cognition New York : Pergamon Press.
5. Snodgrass, Berger and Haydon (1985) Human experimental psychology New Delhi Oxford University Press.

Semester – II

Course	Branch	Subject	Subject Code
MA	Psychology	Research Methods & Statistics-II	MPY -202

Unit-I

Experimental design : Introduction assumption of ANOVA between group randomized block design.

Unit-II

Factorial design : Two factor, three factor (Only conceptual explanation) F test one way and two way.

Unit-III

Within group design single and two factors (Repeated measures) Latin square design time series design.

Unit-IV

Multiple group design (with example) Duncans range test (DRT) sign test Mann Whitney –U- test.

Unit-V

Ethical issues in psychological research applications of computer in psychological research writing research proposal and report.

Recommendation Readings-

1. Broota, K.D. (1992) Experimental design in psychology research, New Delhi- Wiley eastern.
2. Edwards A.K. (1976) Experimental design in psychology research, New York Halt.
3. Mcguigan, F.J. (1990) Experimental psychology methods of research New Delhi Prentice hall .
4. Keri linger, F.N. (1990) foundation of Behavioural research New Delhi Surjeet.
5. Singh, A.K. () Manovigyan samajshstra tatha shiksha me south vidhiya Kapil H.K. Anusandhan Vidhiyan.

Semester – II

Course	Branch	Subject	Subject Code
MA	Psychology	Psychopathology – II	MPY -203

Unit-I

Psycho physiological disorders coronary heart disease asthmatic allergy eczema, arthritis, diabetes and menstrual disorders.

Unit-II

Disorders of personality – adjustment disorder, impulse disorder, substance related disorders, eating disorders, and sleep disorders.

Unit-III

Mental Deficiency – classification, types, causes and possible training of mentally deficient children.

Unit-IV

Therapies : Introduction ; Re-educative therapies – behaviour therapy, client centered therapy, group therapy, family therapy.

Unit-V

Reconstructive therapy – Psychoanalysis, Holistic therapies, Yoga, Meditation and Biofeedback, Existential therapies, gestalt therapy, Transactional analysis.

Books Recommended-

1. Adams H.E. & Sutkar, : F.G. (E.D.) (1994) Comprehensive Handbook of psychopathology. New York Plenum press
2. Buss A.H. (1986) : Psychopathology, London: Wiley
3. Coleman J.C. (1988) : Abnormal Psychology & Modern Life.
4. Friedman & Kaplan : Text Book of Psychiatry.
5. Kisker : Disorganized personality.
6. Maslow & Mittleman : Principles of Abnormal Psychology
7. Cameron : Personality Development & Psychopathology
8. Verma S.K. (1988) : Mental illness and treatment.
9. J. Pandey : Psychology in India : The state of the art (Vol. III)New Delhi sage.

Semester – II

Course	Branch	Subject	Subject Code
MA	Psychology	Life Span Development –II	MPY -204

Unit-I

Social Development – Criteria & Stages, Determinants of Social Development, Development of Personality and self concept.

Unit-II

Emotional Development: Importance, Norms and Determinants. Emotional maladjustment and Emotional Balance, Emotional Dominance, Heightened Emotionality, Regulation of Emotions.

Unit-III

Theories of Development- Piaget, Vygotsky, Kohlberg and Eric Erickson.

Unit-IV

Child & Family – Parental Attitude, Family Relationship and Determinants, The influence of Siblings and Sibling relationship, School environment and role of teacher.

Unit-V

Development during adolescence: Characteristics, Physical, Psychological Social and Emotional aspects. Hazards of adolescence, Adulthood and Old age.

Books Recommended-

1. Crain M. (1950). Theories of Development, New Jersey: Prentice Hall.
2. Hurlock E.G. (1986). Development Psychology (6th Edition), New Delhi : Tata Mcgrawthill.
3. Hetherington M.E. & Park R. D. (1999), Child Psuchology – A Comparative view point (Revised) Boston Mcgraw Hill.
4. Santrock Y.W. (1997). Life Span Development (7th Edition)
5. Berk Laura E.(). Child Development (Phi)
6. Shaffer David R. Developmental – Psychology, Childhood Adolences (Brock Cole)
7. D. N. Shrivastava & Preeti Verma - Bal Manovigyan: Bal Vikas (Vinod)

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Master of Arts (Psychology)
Semester – III

No	Subject Code	Subject Title	Marks Allotted						
			Assignment Marks		Theory Marks		Practical Marks		Total Marks
			Max	Min	Max	Min	Max	Min	
1	MPY-301	Psychology of Personality- I	20	8	80	32	-	-	100
2	MPY -302	Social Psychology- I	20	8	80	32	-	-	100
3	MPY -303	Educational Psychology- I	20	8	80	32	-	-	100
4	MPY -304	Clinical Psychology- I	20	8	80	32	-	-	100
5	MPY-305	Practical-I	-	-	-	-	50	20	50
6	MPY-306	Practical-II	-	-	-	-	50	20	50
7	MPY-307	Minor Project	-	-	-	-	100	40	100
Total			80	32	320	128	200	80	600

Semester – III

Course	Branch	Subject	Subject Code
MA	Psychology	Psychology of Personality- I	MPY-301

Unit-I

Introduction : The concept of Personality, Various Theoretical Approaches of Personality, Determinants of Personality.

Unit-II

Psychoanalytic Theory : Freud, Adler, Jung.

Unit-III

Neo-Freudian Theory : Horney, Erich Fromm, Erickson.

Unit-IV

Social learning Theory : Rottter, Bandura's observational learning Skinner's Behavioristic theory.

Unit-V

Theories of Personality : Mischel, Miller & Dollard and Seligman.

Suggested Readings :-

1. Recommended Books –
2. Liebert R.M. & Spiegler. M.D. Personality strategies and issues, pacific Grove, california.
3. Hall. C.S., & lindzey. G. (1978) Theories of personality 3rd Ed. New York J willey & sons.
4. Hjelle, L.A. & Zeigler, D.J. (1991) Personality theories : basic assumption, research & application.
5. Megrawhill, International books Co.
6. Pervin, L.A. (1975) personality, theory. Assessment and research New York Willey.

Semester – III

Course	Branch	Subject	Subject Code
MA	Psychology	Social Psychology- I	MPY-302

Unit-I

Concept and field of social psychology : Historical background, theoretical approaches To social psychology- genetic, learning, cognitive, psychoanalytic and role theory.

Unit-II

Relationship of social psychology with other disciplines, social psychology as a applied Science, Methods of social psychology.

Unit-III

Conformity- Nature and Determinants, Obedience, Pro-social behavior- nature and determinants.

Unit-IV

Meaning of group. Group formation, decision making in Groups, social facilitation and social Loafing, leadership- theories and styles.

Unit-V

Inter personal attraction : situational determinants and theoretical explanation. Aggression : Meaning theories and management.

Suggested Readings :-

1. Baron and Byrne (1998) Social Psychology, New Delhi : Prentice Hall
2. Baron (2001) Samajik Manovigyan (9th ed) New Delhi : Pearson
3. Feldman, R.S. (1998) Social Psychology Singapore : Mc Grav Hill
4. Tripathi, LB (1992) outline of social psychology, Delhi- Motilal Banarasi Das

Semester – III

Course	Branch	Subject	Subject Code
MA	Psychology	Educational Psychology- I	MPY-303

Unit-I

Educational Psychology : Meaning, scope and methods Role of psychology in Education, Objectives of teaching educational psychology, Problems of Indian educational system.

Unit-II

Characteristics of teacher Professional growth of the teacher. Mental set of the teacher. Efficiency in studying : Study guide, curriculum and co-curricular activities.

Unit-III

Concept formation. Thinking problem solving, Creativity and Reasoning.

Unit-IV

Motivation : curiosity, exploration, expectancy, achievement motivation, Role of Motivation in learning.

Unit-V

Learning environment : maintaining effective learning environment. Classroom management

Techniques Handling problem behavior. Disadvantaged pupil. Bilingual and culturally diverse students.

Recommended Readings :-

1. Behler & Snowman (1988) Psychology applied to teaching (5th Ed.) Boston : Houghton Mifflin Co.
2. Dand Pani, A. (1988) A text book of Educational Psychology. New Delhi Amol publications.
3. DeDeco (1988) The psychology of learning and instruction. William Cowlard (2nd Ed)
4. Dendekar (1995) Educational Psychology. Mc Millan.
5. Ellis 1965. Educational Psychology Princeton, N.J New York.
6. Pandey J (1988) Psychology in India : The state of art Vol. (2) New Delhi : sage
7. Woolfolk, A. (2004) Educational Psychology. Singapore : Pearson Education.

Semester – III

Course	Branch	Subject	Subject Code
MA	Psychology	Clinical Psychology- I	MPY-304

Unit-I

Historical Perspective of clinical psychology. Models of clinical psychology : Psychodynamic Behavioral, Interpersonal.

Unit-II

Examination of psychiatric patient, psychiatric interview, psychiatric history and mental status Examination. Symptoms of psychiatric illness.

Unit-III

Projective techniques : Origin and classification of projective techniques, Rorschach, TAT, Draw a person test, clinical use of projective test.

Unit-IV

Clinical assessment : Nature and purpose clinical interview, Case study. Collecting, Processing and communicating assessment findings.

Unit-V

Psychotherapies Psychoanalytic, client centered, Cognitive therapy, Behavioral therapy : Modification, Desensitization, Assertive training.

Recommended Readings :-

1. Carson, R.C. & Butcher J.N. (1992) Abnormal psychology and modern life. Harper colling
2. Hecker. (2003) introduction to clinical psychology. Delhi. Pearson.
3. Korchin. S.J. (1986) Modern clinical psychology. Delhi CBS.
4. Nietzel, M.T. & Bernstein D.A. (1987) Introduction to clinical psychology (4th Ed) Eaglewood
5. Cliffs, N.J. Prentice Hall
6. Sarason, J.G. & Sarason, B.R. (2005) Abnormal psychology. Prentice Hall of India Pvt. Ltd
7. New Delhi.

Semester – III

Master of Arts (Psychology)
Semester – IV

No	Subject Code	Subject Title	Marks Allotted						
			Assignment Marks		Theory Marks		Practical Marks		Total Marks
			Max	Min	Max	Min	Max	Min	
1	MPY-401	Psychology of Personality- II	20	8	80	32	-	-	100
2	MPY-402	Social Psychology- II	20	8	80	32	-	-	100
3	MPY-403	Educational Psychology- II	20	8	80	32	-	-	100
4	MPY - 404(A)	Organizational Behaviour	20	8	80	32	-	-	100
5	MPY-305	Practical-I	-	-	-	-	50	20	50
6	MPY-306	Practical-II	-	-	-	-	50	20	50
7	MPY-307	Major Project	-	-	-	-	100	40	100
Total			80	32	320	128	200	80	600

Master of Arts (Psychology)
Semester – IV

Course	Branch	Subject	Subject Code
MA	Psychology	Psychology of Personality- II	MPY- 401

Unit-I

Schools of psychology : Structuralism Functionalism, Behaviorism, Gestalt- Salient features only.

Unit-II

Dispositional Approaches : Allport's Cattell's and Eysenck's theories.

Unit-III

Humanistic Approaches : Allport's, Cattell's and Eysenck's theories.

Unit-IV

Kelley, Lewin, The five factors Model.

Unit-V

Personality inventories as assessment of dispositions : Kinds, uses and limitations. Difference between inventory and projective technique.

Recommended Books -

1. Liebert R.M. & Spiegler M.D. personality : Strategies and issues. Pacific Grove, California.
2. Hall. C.S. & Lindzey G. (1978) Theories of personality 3rd Ed. New York : J Willey & sons.
3. Hjelle, L.A. & Zeigler, DJ (1991) personality theories : basic assumption, research & application
4. Mc grawhill, International book Co.
5. Pervin, L.A. (1975) Personality, theory Assessment and research. New York : Willey.

Semester – IV

Course	Branch	Subject	Subject Code
MA	Psychology	Social Psychology -II	MPY- 402

Unit-I

Attitude : Nature & functions, Measurement of Attitude, Process of attitude change, Cognitive dissonance Theory.

Unit-II

Inter group relation : Prejudice and Discrimination – forming maintaining and reducing prejudice.

Unit-III

Social motive- Affiliation, Power, Achievement, Approval : concept and theoretical explanation.

Unit-IV

Person Perception & Determinates, Attribution : Concept, theories- Kelley, Jones & Davis and Weiner Errors in Attribution.

Unit-V

Communication : Verbal and Nonverbal Effective communication factors & barriers, Persuasive Communication Mass media, propaganda.

ROCOMMENDED READINGS :-

1. Baron and Byrne (1998) Social Psychology, New Delhi : Prentice Hall
2. Baron (2001) Samajik Manovigyan (9th ed) New Delhi : Pearson.
3. Feldman, R.S. (1998) Social Psychology Singapore : Mc Graw Hill
4. Myers. D.G. (1998) Social Psychology, Singapore : Mc Graw Hill
5. Tripathi, LB (1992) outline of social psychology, Delhi- Motilal Banarsi Das.

Semester – IV

Course	Branch	Subject	Subject Code
MA	Psychology	Educational Psychology - II	MPY- 403

Unit-I

Theoretical Perspectives in Educational Psychology, Behaviouristic theories, Social learning theories- Modeling and Observational.

Unit-II

Cognitive psychology and information processing models cognitive style and learning, Strategies, language acquisition and reading development.

Unit-III

Human diversity and Education, Readings and class room, Achievement, social class differences, Poverty, theories of intelligence.

Unit-IV

Teaching methods-lecturing and explaining, questioning, aptitude treatment, interaction. Student Centered teaching, computer assisted instruction.

Unit-V

Evaluation and types of Educational Assessment, measurement and evaluation (norm-referenced and criterion referenced tests) Test scores, meaning, types of interpretation.

RECOMMENDED READINGS -

1. Behler & snowman (1988) Psychology Applied to teaching (5th Ed) Boston : Hongton Miffin Co.
2. Dand Pani, A. (1988) A text book of Advanced Educational Psychology. New Delhi Amol
3. Publications.
4. DeDeco (1988) The Psychology of Learning and Instruction. Willian Crewlard (2nd Ed)
5. Dendekar (1995) Educational Psychology Mc Milan.
6. Ellis 1965 Educational Psychology Princeton, N.J. New York.
7. Pandey J (1988) Psychology in India : The state of art Vol. (2) New Delhi : sage
8. Woolflok, A. (2004) Educational Psychology. Singapore : Pearson Education.

Master of Arts (Psychology)
Semester – IV

Course	Branch	Subject	Subject Code
MA	Psychology	Organization Behaviour	MPY- 404 (A)

Unit-I

Historical background of OB : Hawthorne studies. Theroretical frame works : Cognitive, Behaviorist and social learning frame work. Quality management learning organizations-Meaning and types.

Unit-II

Diversity nature and characteristics managing diversity Ethics in organizations. Organisational Culture : Nature, creating and maintaining culture.

Unit-III

Motivation : meaning type. Theories of motivation : Maslow's hierarchy of needs, Herberg's Theory, and Porter-Lawler theory. Techniques for enhancing motivation.

Unit-IV

Group Dynamics : Nature and Types of groups. Teams in modern organization. Leadership : Classical studies on leadership, trait theories, contingency theory of leadership, path-goal theory.

Unit-V

Organizational change : Nature and Types of change. Forces of change managing change. Organizational development : Nature and techniques of O.D. Interventions.

RECOMMENDED BOOKS :

1. Luthans, F (1995) Organizational Behavior. Newyork : Mc Graw Hill.
2. Robbins, S.P. (1996) Organizational Behavior. New Delhi : Prentice Hall of India.
3. Chandan, J.S. (1998) Organization Behavior. New Delhi : Vikas Publishing House Pvt. Ltd.